



早餐菜单 Breakfast Menu

12.04-12.08



日期/菜单 Date/Menu	星期一 Mon	星期二 Tue	星期三 Wed	星期四 Thu	星期五 Fri
中式点心 Chinese Snack	梅干菜包 Dried cabbage bun	蒸饺 Steamed Dumpling	荠菜肉包 Shepherd's Purse Meat Bun	扬州烧麦 Siu Mai	牛肉锅贴 Beef pot stickers
谷物+奶制品/粗粮 Cereal + Dairy/Grains	混合谷物麦片、纯牛奶、酸奶、鲜牛奶 Mixed cereal、Milk、Yogurt、Fresh milk	烤山芋、纯牛奶、酸奶、鲜牛奶 Toasted Sweet Potato、Milk、Yogurt、Fresh milk	混合谷物麦片、酸奶、豆浆、鲜牛奶 Mixed cereal、Milk、Soybean milk、Fresh milk	玉米棒、纯牛奶、酸奶、鲜牛奶 Corn on Cob、Milk、Yogurt、Fresh milk	混合谷物麦片、纯牛奶、酸奶、鲜牛奶 Mixed cereal、Milk、Yogurt、Fresh milk
西式点心 Western Snack	白吐司+黄油、果酱 White toast with butter or jam	菠萝羊角 Pineapple croissants	全麦吐司+黄油、果酱 Whole wheat toast with butter or jam	虎皮蛋糕 Tiger Cake	白吐司+黄油、果酱 White toast with butter or jam
鸡蛋/肉类 Eggs/ Meat	荷包蛋 (现场制作) Fried Egg	白煮蛋 Boiled Egg	黑椒鸡胸肉 Sautéed Chicken Breast w/ Black Pepper	西式蛋饼 (现场制作) Grilled egg with mushroom & Tomato, Onion	茶叶蛋 Egg w/ Soybean & Tea Sauce
蔬菜/水果 Vegetables/Fruit	清炒菠菜 Stir-fried Spinach	木耳卷心菜 Boiled cabbage w/ agaric	水果块 Fruit block	胡萝卜广式菜心 Poached Cantonese style vegetable heart & Carrot	腐竹青菜 Poached Vegetable & Rotten bamboo
面档/粥铺 Noodles/Porridge	艇仔粥 Dingzai Porridge	上汤鸡丝米线 (现煮) Shredded Chicken Rice Noodles	酸汤水饺 (现煮) Dumplings In Sour Soup	皮蛋瘦肉粥 Lean Pork Porridge w/ Preserved Eggs	酒酿小圆子 Glutinous rice dumplings





早餐菜单 Breakfast Menu

12.11-12.15

日期/菜单 Date/Menu	星期一 Mon	星期二 Tue	星期三 Wed	星期四 Thu	星期五 Fri
中式点心 Chinese Snack	灌汤小笼包 Soup Soup Xiaolongbao	黑米糕 Black Rice Cake	煎饺 Fried dumpling	日式烧麦 Japanese Shaomai	油条 Deep-fried Dough Stick
谷物+奶制品/粗粮 Cereal + Dairy/Grains	混合谷物麦片、纯牛奶、酸奶、鲜牛奶 Mixed cereal、Milk、Yogurt、Fresh milk	蒸山芋、纯牛奶、酸奶、鲜牛奶 sweet potato、Milk、Yogurt、Fresh milk	混合谷物麦片、酸奶、豆浆、鲜牛奶 Mixed cereal、Milk、Soybean milk、Fresh milk	贝贝南瓜、纯牛奶、酸奶、鲜牛奶 Steamed Pumpkin、Milk、Yogurt、Fresh milk	混合谷物麦片、纯牛奶、酸奶、鲜牛奶 Mixed cereal、Milk、Yogurt、Fresh milk
西式点心 Western Snack	白吐司+黄油、果酱 White toast with butter or jam	古早蛋糕 Original Cake	全麦吐司+黄油、果酱 Whole wheat toast with butter or jam	巧克力餐包 Chocolate Buns	白吐司+黄油、果酱 White toast with butter or jam
鸡蛋/肉类 Eggs/ Meat	三鲜蛋饺 Three fresh egg dumplings	白煮蛋 Egg	鸡肉早餐肠 Grilled Chicken Sausage	荷包蛋 (现场制作) Fried Egg	卤鹌鹑蛋 Quail Egg w/ Soybean Sauce
蔬菜/水果 Vegetables/Fruit	什锦炒藕丁 Sautéed Minced Lotus Root w/ Carrot & Pepper	广式菜心 Cantonese style vegetable heart	水果块 Fruit block	香菇烩白菜 Braised cabbage with mushrooms	腐皮杭白菜 Stir-fried Hangzhou cabbage & Tofu Skin
面档 /粥铺 Noodles/Porridge	小米鸡肉粥 Millet chicken congee	白菜猪肉水饺 (现煮) Pork & Cabbage Dumplings	青菜肉丝汤面 (现煮) Noodle soup with shredded pork and green vegetables	皮蛋瘦肉粥 Lean Pork Porridge W/ Preserved Eggs	紫菜虾皮小馄饨 (现煮) Small Shrimp Wontons W/ Seaweed



早餐菜单 Breakfast Menu

12.18-12.22



日期/菜单 Date/Menu	星期一 Mon	星期二 Tue	星期三 Wed	星期四 Thu	星期五 Fri
中式点心 Chinese Snack	玉米枣发糕 Red Date & Corn Meal Cake	香脆紫薯球 Crispy Purple Sweet Potato Ballst	卡通动物包 Cartoon bun	三鲜菜包 Stemmed Mix Vegetables Bun	葱油饼 Pancake
谷物+奶制品/粗粮 Cereal + Dairy/Grains	混合谷物麦片、纯牛奶、酸奶、鲜牛奶 Mixed cereal 、Milk、Yogurt、Fresh milk	奶香玉米棒、纯牛奶、酸奶、鲜牛奶 Creamy Corn on Cob、 Milk 、Yogurt、 Fresh milk	混合谷物麦片、酸奶、豆浆、鲜牛奶 Mixed cereal 、Milk、 Soybean milk、 Fresh milk	紫薯、纯牛奶、酸奶、鲜牛奶 Purple Sweet Potato、 Milk、 Yogurt、 Fresh milk	混合谷物麦片、纯牛奶、酸奶、鲜牛奶 Mixed cereal 、Milk、 Yogurt、 Fresh milk
西式点心 Western Snack	白吐司+黄油、果酱 White toast with butter or jam	肉松面包 Dry meat floss Bread	全麦吐司+黄油、果酱 Whole wheat toast with butter or jam	大理石蛋糕 Marble Cake	白吐司+黄油、果酱 White toast with butter or jam
鸡蛋/肉类 Eggs/ Meat	白煮蛋 Egg	番茄滑蛋 Tomato egg	黑椒鸡胸肉 Sautéed Chicken Breast w/ Black Pepper	卤鹌鹑蛋 Soy Quail Egg	荷包蛋 (现场制作) Steamed Egg
蔬菜/水果 Vegetables/Fruit	蒜香西兰花 Poached Broccoli w/ Garlic	豉油菜心 Stir-fried Green Vegetable w/soy sauce	水果块 Fruit block	西芹炒香干 Sautéed Celery & Tofu	木耳炒山药 Poached agaric & yam
面档 /粥铺 Noodles/Porridge	肉丝菜汤面 (现煮) Noodles Soup w/ Pork & Vegetable	猪肉玉米水饺 (现煮) Pork and corn dumplings	芝麻汤圆 Sesame rice balls	百合南瓜粥 Lily pumpkin porridge	生菜鱼片粥 Sliced Fish Porridge W/ Lettuce

